

**WEEK 1**

**MONDAY**

**Choose from**  
Homemade cheese and tomato pizza  
Quorn Fajitas

**Sides**  
Oven baked jacket wedges

**Unlimited**  
Selection of vegetables and salad bar

**Desserts**  
Carrot cake with milk  
Seasonal fresh fruit  
Organic fruit yoghurt

**TUESDAY**

**Choose from**  
Chicken and sweet corn pie  
Lemon crumb salmon fillet

**Sides**  
Steamed new potatoes

**Unlimited**  
Selection of vegetables and salad bar

**Desserts**  
Apple and pear sponge with custard  
Seasonal fresh fruit  
Organic fruit yoghurt

**WEDNESDAY**

**Choose from**  
Oven baked chicken sausage  
Quorn sausage  
Homemade cheese & onion paste

**Sides**  
Creamy mashed potatoes

**Unlimited**  
Selection of vegetables and salad bar

**Desserts**  
Fruit crumble with custard  
Seasonal fresh fruit

**THURSDAY**

**Choose from**  
Beef lasagne  
Vegetable biryani

**Sides**  
Garlic & herb bread

**Unlimited**  
Selection of vegetables and salad bar

**Desserts**  
Cheese & biscuits with fresh apple slice  
Seasonal fresh fruit  
Organic fruit yoghurt

**FRIDAY**

**Choose from**  
MSC Golden crumb fish fingers  
Quorn dippers

**Sides**  
Oven baked chipped potatoes

**Unlimited**  
Selection of vegetables and salad bar

**Desserts**  
Peaches with ice-cream  
Seasonal fresh fruit  
Organic fruit yoghurt

**WEEK 2**

**Choose from**  
Vegetarian chilli  
Tomato pasta bake

**Sides**  
Rice

**Unlimited**  
Selection of vegetables and salad bar

**Desserts**  
Shortbread biscuit with milk  
Fresh fruit salad  
Organic fruit yoghurt

**Choose from**  
Beef burger served with bap  
Homemade quorn & lentil burger

**Sides**  
Jacket wedges

**Unlimited**  
Selection of vegetables and salad bar

**Desserts**  
Creamy rice pudding  
Fresh fruit salad  
Organic yoghurt

**Choose from**  
Jerk chicken  
Cheese baguette  
Lemon crumb salmon fillet

**Sides**  
New potatoes or rice

**Unlimited**  
Selection of vegetables and salad bar

**Desserts**  
Homemade fruit flapjack with milk  
Fresh fruit salad  
Organic yoghurt

**Choose from**  
Roast turkey  
Vegetarian bolognese with wholemeal spaghetti

**Sides**  
Garlic & herb roast potatoes

**Unlimited**  
Selection of vegetables and salad bar

**Desserts**  
Banana cake & custard  
Fresh fruit salad

**Choose from**  
MSC fish fingers  
Mac and cheese

**Sides**  
Chipped potatoes

**Unlimited**  
Selection of vegetables and salad bar

**Desserts**  
Chocolate cracknel with custard  
Fresh fruit salad  
Organic yoghurt

**WEEK 3**

**Choose from**  
Chickpea & spinach curry  
Creamy pasta gratin

**Sides**  
Rice

**Unlimited**  
Selection of vegetables and salad bar

**Desserts**  
Pineapple upside down  
Cake with custard  
Fresh fruit salad  
Organic fruit yoghurt

**Choose from**  
Mine beef chilli wraps  
Quorn tai style jasmine rice  
Chicken sweet & sour

**Sides**  
Egg noodles

**Unlimited**  
Selection of vegetables and salad bar

**Desserts**  
Chocolate cake & chocolate sauce  
Fresh fruit salad  
Organic fruit yoghurt

**Choose from**  
Sausage in a roll with onions  
Cheese and tomato pizza

**Sides**  
Baked jacket wedges

**Unlimited**  
Selection of vegetables and salad bar

**Desserts**  
Fruit jelly pots  
Fresh fruit salad  
Organic fruit yoghurt

**Choose from**  
Honey coated sticky chicken  
Tuna pasta bake

**Sides**  
Rice

**Unlimited**  
Selection of vegetables and salad bar

**Desserts**  
Vanilla sponge with custard  
Fresh fruit salad  
Organic fruit yoghurt

**Choose from**  
Fish fingers  
Sweet pepper pasta

**Sides**  
Chipped potatoes

**Unlimited**  
Selection of vegetables and salad bar

**Desserts**  
Ice-cream  
Fresh fruit salad  
Organic fruit yoghurt